



Annual Membership Agreement

Congratulations on your decision to become a member of Synergy Athletics Solutions! With support from Synergy Staff you will maximize your potential and achieve your performance goals.

To make actual progress, it will be important to follow your personalized Synergy's training regimen in detail when supervised and unsupervised. Remember, reaching optimal performance requires deliberate training, nutrition, recovery and stress management!

Synergy recommends that all members participate in a minimum of (1) supervised training session per week. However, due to scheduling conflicts, a combination of supervised and unsupervised training session maybe warranted.

Synergy Athletic Solutions Annual Membership Terms and Conditions

1. Weekly individual or small-group training sessions that are not attended, rescheduled or canceled 48 hours in advance will result in forfeiture of the week's training session.
2. Members arriving late will receive the remaining scheduled session time, unless other arrangements have been previously made with Synergy Staff.
3. Synergy Annual membership is an annual training program requiring a 12-month commitment beginning on the date of members' first sport science evaluation.
4. Monthly membership fees will be due the 1st of every month for 12 consecutive months.
5. Monthly memberships fees paid by credit card will accrue an additional %3 convenience fee
6. Annual memberships paid in full prior to 1st sport science evaluation will be discounted %10
7. No membership refunds will be issued for any reason, including but not limited to relocation, illness, and unused training sessions.

Synergy' Athletic Solutions Program Description:

- Sport science evaluation (3 per/ year)
- Individual to small group strength or field- based training Session (1 per/ week)
- Sport nutrition consultation and management (quarterly)
- 10% discount on all Synergy Athletics Solutions apparel and merchandise
- 20% discount on all exclusive programs including Synergy performance camps

Total Investment: \$240.99 per/month (\$2,891.88 per/year) or \$ 2,500 (paid in full)

Member's name (please print clearly)

_____ Date: _____

Member's signature

_____ Date: _____

Member's parent/Guardian's signature (if needed)

_____ Date: _____

Witness' signature